



Today Life Begins Again

WHO ARE WE

HEALING SPRINGS RANCH (HSR) IS AN INTERNATIONALLY RECOGNIZED RESIDENTIAL TREATMENT CENTER FOR ADULTS RECOVERING FROM ADDICTION, TRAUMA, AND OTHER RELATED MENTAL HEALTH ISSUES.

All of our treatment programs are built on evidence-based practices in order to provide our clients with the highest standards of care.

HSR provides an Integrated Addiction Model which focuses on the “function” of the addiction as opposed to the “behavior.” We believe addiction itself is not the problem, but rather a symptom of the underlying problem. Whether a person struggles with alcoholism, drug abuse, depression, anxiety or is addicted to a process such as gambling, pornography, gaming, shopping, etc., our Integrated Addiction Model recognizes that these symptoms all serve the same purpose- to avoid and medicate unresolved emotional pain. This type of pain management, over time, creates a dissociative break down between mind and body that must be identified and addressed. Our model looks beneath the surface of ALL addictive patterns and mental health symptoms and addresses the underlying root cause and resulting dissociative consequences behind all of these behaviors. Our model is truly an integrated approach that addresses mind, body and spirit.

WHAT MAKES US DIFFERENT

We are committed to a smaller treatment setting which allows us to provide each client with tailored holistic treatment plans that adequately supports their recovery needs.

Our program is supported by 3 unique and interwoven components that we believe are critical in sustaining sobriety and good emotional health: Resolution of unresolved trauma and pain, mind/body integration through healthy emotional expression, and identifying one’s life purpose. These core components are addressed through a combination of classroom style learning and expressive/experiential modalities. We also offer individual therapy sessions, family involvement whenever possible and 24/7 nursing care.



Bridging the Gaps Between Addiction, Mental Health & Trauma

OUR RECOVERY PATHWAYS

- ✔ Integrated Addiction Model
- ✔ Trauma Model Therapy
- ✔ ETT (Emotional Transformation Therapy)
- ✔ EMDR (Eye Movement Desensitization and Reprocessing)
- ✔ DBT (Dialectical Behavior Therapy)
- ✔ Family Therapy
- ✔ Art Therapy
- ✔ Yoga
- ✔ Psychodrama
- ✔ Mindfulness
- ✔ Life Purpose and Life Skills
- ✔ 12-Step Principles, Celebrate Recovery, SMART Recovery

PAYMENT OPTIONS

Healing Springs Ranch offers a variety of payment options including private pay, in-network, and out-of-network rates.

Please contact our intake department at 866-656-8384 to learn more about how we can help you.



WHAT OUR CLIENTS HAVE TO SAY

"I've been to many facilities over the past few years and I have not had great experiences with them. My addiction progressed and my mental health continued to decline. I came to Healing Springs Ranch very resentful, hopeless, defeated, and physically unwell. I was not thrilled about coming to say the least but I quickly realized that something was different. After being here and working with the therapists, the clients, and doing the work, I finally felt what peace was like. And that is something I will never forget or loose. My time at HSR was a miracle."

"HSR is a wonderful place to stay during the recovery process. The facility is very warm and inviting. The staff at all levels are kind, understanding, attentive and focused on a persons recovery needs. The group classes encourage community participation as well. I would recommend HSR to anyone that needs help."